



Papers that address risks associated with tapering or discontinuing opioids.

- 1) Mental Health Crises and Overdose
  - a. [Association of dose tapering with overdose or mental health crisis among patients prescribed long-term opioids. JAMA. 2021.](#)
  - b. [Long-term risk of overdose or mental health crisis after opioid dose tapering. JAMA Network Open. 2022.](#)
- 2) Suicide and Overdose
  - a. [Comparative effectiveness of opioid tapering or abrupt discontinuation vs no dosage change for opioid overdose or suicide for patients receiving stable long-term opioid therapy. JAMA Network Open. 2022.](#)
  - b. [Associations between stopping prescriptions for opioids, length of opioid treatment, and overdose or suicide deaths in US veterans: observational evaluation. BMJ. 2020.](#)
  - c. [Patient outcomes after opioid dose reduction among patients with chronic opioid therapy. Pain. 2022.](#)
- 3) Overdose
  - a. [Association between opioid dose variability and opioid overdose among adults prescribed long-term opioid therapy. JAMA Netw Open. 2019.](#)
- 4) Suicide
  - a. [Suicidal ideation and suicidal self-directed violence following clinician-initiated prescription opioid discontinuation among long-term opioid users. Gen Hosp Psychiatry. 2017.](#)
- 5) Mortality
  - a. [Mortality after discontinuation of primary care-based chronic opioid therapy for pain: a retrospective cohort study. J Gen Intern Med. 2019.](#)
- 6) Adverse Events
  - a. [Opioid medication discontinuation and risk of adverse opioid-related health care events. J Subst Abuse Treat. 2019.](#)
- 7) Care Continuation
  - a. [Opioid taper is associated with subsequent termination of care: a retrospective cohort study. J Gen Intern Med. 2020.](#)
  - b. [Engagement in HIV care and viral suppression following changes in long-term opioid therapy for treatment for chronic pain. AIDS & Behavior. 2022.](#)
  - c. [Opioid dose trajectories and associations with mortality, opioid use disorder, continued opioid therapy, and health plan disenrollment. JAMA Netw Open. 2022.](#)
- 8) Nonprescribed Opioid Use
  - a. [Illicit opioid use following changes in opioids prescribed for chronic non-cancer pain. PLoS One. 2020.](#)
- 9) Review
  - a. [Inherited patients taking opioids for chronic pain - considerations for primary care. NEJM. 2022.](#)